

**Unit Cost of Naturopathy therapies / interventions in OPD/IPD offered to
NABH accredited empanelled Hospitals in CGHS.**

| S.No. | Procedures/Treatment | Rate per Unit |
|-------|--|---------------|
| | JalChikitsa (Hydrotherapy) | |
| 1 | Hip Bath | Rs. 150/- |
| 2 | Spinal Bath | Rs.100/- |
| 3 | Spinal Spray | Rs.200/- |
| 4 | Arm/Foot Bath | Rs.150/- |
| 5 | Full Immersion Bath | Rs.200/- |
| 6 | Local jet spray | Rs.200/- |
| 7 | Under Water Massage | Rs.350/- |
| 8 | Deluxe Hydro Massage | Rs.400/- |
| 9 | Whirl pool Bath | Rs.400/- |
| 10 | Circular jet bath | Rs.350/- |
| 11 | Enema | Rs.100/- |
| 12 | Colon Hydorthrapy | Rs.500/- |
| 13 | Local steam | Rs.100/- |
| 14 | Full Body steam | Rs.200/- |
| 15 | Sauna Bath | Rs.250/- |
| | Mardana Chikitsa | |
| 16 | Full Body Mardana | Rs.300/- |
| 17 | Local Mardana | Rs.150/- |
| 18 | Dry Mardana | Rs.200/- |
| | Packs/Fomentation | |
| 19 | Full wet sheet pack or Fomentation | Rs.150/- |
| 20 | Local Pack / fomentation (chest,abdomen, leg etc.) | Rs.100/- |
| | Mud Therapy | |
| 21 | Full body mud bath | Rs.250/- |
| 22 | Local Mud pack/application | Rs.100/- |
| | Chromo Therapy | |
| 23 | Thermoleum Sun Bath | Rs:200/- |
| | Naturopathy Therapeutic Diet | |
| 24 | Naturopathy diet (Single Serve) | Rs.100/- |
| | Package Treatments with minimum 3 procedures. | |
| 25 | One day package treatment (OPD) | Rs.750/- |
| 26 | One week package treatment (OPD) | Rs.3,500/- |
| 27 | Two weeks package treatment (OPD) | Rs.6,000/- |
| 28 | Three weeks package treatment (OPD) | Rs.9,000/- |
| 29 | One week package treatment (IPD) | Rs.10,000/- |
| 30 | Two weeks package treatment (IPD) | Rs.18,000/- |
| 31 | Three weeks package treatment (IPD) | Rs.25,000 |

Note: Any minor/local Naturopathy Procedure/therapy not included in the above list may be charged @ Rs. 100/- per sitting for upto 28 days.

1. Determination of treatment expenditure for payment / reimbursement.

For the purpose of settlement of Ayurvedic treatment expenditure under CGHS following criteria shall be applied-

- a) The above unit rates of therapies / interventions shall be benchmarks for calculating treatment expenditure.
- b) The above unit rates are inclusive of the implication of materials medicines, accessories, equipments maintenance, manpower (Medical, Paramedical and Nursing) and diet used in imparting therapies.
- c) Pre and post procedure cost will be chargeable @ Rs. 75 per day.