



कार्यालय आ लेखा प्रदान निवृत्तक (पेंशन)
द्रौपदी घाट प्रयागराज- 211014
O/o THE PRINCIPAL CONTROLLER OF DEFENCE ACCOUNTS (PENSIONS)
DRAUPADI GHAT, PRAYAGRAJ- 211014
वेबसाइट : www.pcdapension.nic.in, email : eda-albd@nic.in
FAX Tele: 0532-2421877;2421879;2421880, Extension:2104,2105,2106
Toll Free No: 1800-180-5321 (Timing-9:30 AM to 6:00 PM)



Important instructions for submission of Life Certificate by NRI Pensioners living abroad on SPARSH

NRI pensioners/family pensioners have to submit their life certificate for current year through following way/method as per Proforma No. 5 of Appendix-11 of DPPI-2013 issued by an authorized official of the Embassy/High Commission of India, Consules of Indian Consulates or a Notary Public or an officer on an Indian Public Sector Bank attached to its branch in the country, where the pensioner is residing.

i) Through e-mails on mail IDs of SPARSH operating groups mentioned as under:-

sparsharmyco.dad@gov.in	For CO (Army)
sparsharmypbor.dad@gov.in	For PBOR (Army)
sparshnavy.dad@gov.in	For CO (Navy) & PBOR (Navy)
sparshairforce.dad@gov.in	For CO&PBOR (Air Force)
sparshcivilian.dad@gov.in	For Civil

ii) Through post addressed to the PCDA (Pensions), Prayagraj-211014 (U.P.)

IT & S (Website), please upload this important instruction on website.

Accounts Officer (SPARSH)

FORM NO. 5

**(Referred to in Para 68 and 72.4 (V))
Life Certificate**

Certified that Shri / Smt..... holder of
PPO No.PS NO. / TS
NO.....issued byis alive on
this date

Signature

Station :

Name.....
Designation of
Authorised Officer.....

Date.....

