



F. No.S-11011/90/2016-CGHS/(HEC)/AYUSH/Pt-II.  
Ministry of Health & Family Welfare  
Directorate General of CGHS  
Office of the Director, CGHS

CGHS Bhawan, R.K Puram  
Sec-13, New Delhi-66  
Dated: /09/2023

**OFFICE MEMORANDUM**

Subject: Clarification on the referral for CGHS beneficiaries aged 75 years & above and consultation through Video Conferencing for AYUSH system-reg.

With reference to the above mentioned subject the undersigned is directed to draw the attention to Office Memorandum vide F.No. Z.15025/35/2019/DIR/CGHS/CGHS(P) dated 29.05.2019 & 27.06.2019 and clarified that the referral for 75 years and above and consultation through Video Conferencing for AYUSH system is not appropriate since as per Ayurvedic literature, many procedures are contra-indicated after 75 years of age and in certain disease conditions also.

Moreover, to examine the physical condition of the patient whether he is eligible for the therapy is to be assessed by the treating Ayurvedic physician for which consultation is necessary, which is not possible through Video Conferencing and therefore, referral by the treating Ayurvedic physician, for once, is required for taking the treatment from the AYUSH Day Care Centre for a period of approximately 7 days / 15 days.

This issues in consultation with the experts in the field.

(Dr. Manoj Jain)  
Director, CGHS

To,

1. All Ministries / Departments Government of India
2. Director, CGHS, Nirman Bhawan, New Delhi
3. Addl. DDG (HQ)/ Addl. Director (HQ), CGHS
4. JD (Gr.)/AD(R&H), CGHS (HQ), New Delhi
5. All Additional Directors /Joint Directors of CGHS Cities /Zones
6. M.S Ayurvedic Hospital, Ali ganj, Lodhi Road, New Delhi.
7. All Pay & Accounts Officers under CGHS
8. Advisers AYUSH, Block B, GPO Complex, Pandit Bhagwan Sahay Vats Vitthi, INA Colony, New Delhi, Delhi 110023
9. CGHS Desk-I/Desk-II/CGHS-I/CGHS-II, Dte.GHS, Nirman Bhawan, New Delhi
10. Estt.I/ Estt.II/ Estt.III/ Estt.IV Sections, Ministry of Health & Family Welfare

11. M S Section. Ministry of H&FW
12. Admn.I / Admn.II Sections of Dte.GHS
13. Rajya Sabha / Lok Sabha Secretariat
14. Registrar, Supreme Court of India /Delhi High Court Sher Shah Road New Delhi.
15. U.P.S.C.
16. Finance Division, Ministry of H&FW
17. Deputy Secretary (Civil Service News), Department of Personnel & Training, 5" Floor, Sardar Patel Bhawan, New Delhi.
18. PPS to Secretary (H&FW)/ Secretary (AYUSH)/ Secretary (HR)/ Secretary (AIDS Control), Ministry of Health & Family Welfare
19. PPS to DGHS / AS&FA / AS (DG) / AS&DG (NACO) NRHM
20. M/s. of all Hospitals /Day Care Centres being empanelled.
21. Secretary, Staff Side, 13-C, Ferozshah Road, New Delhi.
22. All Staff Side Members of National Council (JCM) (as per list attached)
23. Office of the Comptroller & Auditor General of India, 10 Bahadur Shah Zafar Marg, New Delhi
24. All Offices / Sections / Desks in the Ministry
25. Addl. CEO, NHA, Tower-L, Jeevan Bharati Building, Connaught Place, New Delhi-01
26. Nodal Officer, CGHS (MCTC) with the request to upload the O.M. on the website of the CGHS.
27. Guard File