

वैद्य राजेश कोटेचा
सचिव

Vaidya Rajesh Kotecha
Secretary



भारत सरकार
आयुष मंत्रालय
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D.O. No.M-16011/47/2026-YN
3rd June, 2026

Dear Colleague,

As you are aware, the International Day of Yoga (IDY) has emerged as a global movement promoting holistic health, wellness, and harmony. The theme for IDY 2026, "**Yoga for Healthy Ageing**", underscores the vital role of Yoga in enhancing physical, mental, and emotional well-being across all age groups and in fostering healthy and active ageing.

In continuation of this collective endeavour, the Ministry of Ayush is organizing several nationwide activities as part of the IDY 2026 celebrations.

In this regard, I would like to invite and encourage your active participation in the **Guinness World Record attempt** being organized by the Ministry of Ayush in association with Habuild Healthtech Pvt. Ltd. on **14th June 2026 from 6:15 AM to 7:35 AM**. This historic initiative aims to achieve the maximum number of people participating simultaneously in an online Yoga session through the Ministry of Ayush YouTube platform.

To participate in this event, individuals are required to register by giving a missed call on the toll-free number **1800-315-7008**. Upon registration, participants will receive a WhatsApp message containing the session link.

On the day of the Guinness World Record attempt, every participant must individually log in through their own device, as each registered device joining the session will be counted towards the official record. Therefore, I request you to ensure maximum participation by encouraging all officials, employees, affiliated institutions, organizations, Yoga practitioners, and members of the public under your jurisdiction to join separately through their personal devices.

Further, the Ministry of Ayush launched the **Yoga Sangam Portal 2026** on **27th May 2026** to facilitate the registration of organizations, institutions, Government departments, educational institutions, local bodies, autonomous bodies, PSUs, leading Yoga institutions, and community groups proposing to organize **Yoga Sangam events across the country on 21st June 2026**, simultaneously with the Hon'ble Prime Minister's flagship IDY event.

The portal may be accessed at: <https://yoga.ayush.gov.in/yoga-sangam>

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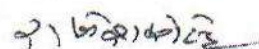
It is, therefore, requested that the following may kindly be ensured:

1. Ensure registration of your organization/institution and all eligible subordinate, attached, autonomous, and affiliated offices on the Yoga Sangam Portal 2026.
2. Encourage all attached/autonomous offices, institutions, organizations, educational establishments, and affiliated bodies under your jurisdiction to organize Yoga Sangam events on 21st June 2026 and submit event details on the portal post-event.
3. Disseminate the registration link widely and encourage maximum participation among officials, stakeholders, institutions, Yoga practitioners and the general public

I shall be grateful for your personal intervention and support in ensuring wide publicity, mass mobilization, and enthusiastic participation in the Guinness World Record attempt and Yoga Sangam activities as part of the International Day of Yoga 2026 celebrations.

With regards,

Yours sincerely,



(Rajesh Kotecha)

To,

All Secretaries to the Government of India